

# Lunch Menu



## Cycle Menu (3-week cycle \*\*\*)

December 2024

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/02-12/06	<p><b>Hot Dog / WG Bun</b> Fries ½ c Red Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p><b>Mac &amp; Cheese 1 c</b> Broccoli ½ c Pear ½ c LF Milk 1 c</p> <p>Alt- Chef Salad 3 c</p>	<p><b>Chicken Sandwich/ WG Bun</b> Coleslaw ½ c Gala Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p><b>WG Corn Dog oz</b> Potato Salad ½ c Orange ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p><b>Red Chili Meat 1C</b> Diced Potatoes ½ c Applesauce ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>
12/09-12/13	<p><b>Chicken Tenders 3 oz</b> Mashed Potatoes ½ c Golden Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p><b>Hamburger / WG Bun</b> Carrots ½ c Orange ½ c LF Milk 1 c</p> <p>Alt- Chef Salad 3 c</p>	<p><b>Green Chili Meat 1c</b> Beans ½ c Tortillas 1oz Red Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p><b>Pizza 4.6 oz</b> Romaine Salad ½ c Pears ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p><b>Salisbury Steak w/ Gravy</b> 3.2 oz Mashed Potatoes ½ c Gala Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>
12/16-12/20	<p><b>Grilled Cheese Sandwich 4.19 oz</b> Grape Tomatoes ½ c Red Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p><b>Teriyaki Chicken Strips 3 oz</b> WG Steamed Rice ½ c Stir fry Vegetables ½ c Pears ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p><b>BBQ Rib Sandwich /WG Bun</b> Carrots ½ c Granny Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p><b>Pasta w/ Meat sauce 1 c</b> Green Beans ½ c Oranges ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p><b>WG Ham Slider/ Hawaiian Bun</b> Celery Sticks ½ c Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>
12/23-12/27	<p><b>Bean and Cheese Tostadas</b> ½ c Chopped Salad ½ c Pears ½ c LF Milk 1 c</p> <p>Alt - Chef Salad</p>	<p><b>Meatballs W/ Gravy 3oz</b> California Blend Vegetables ½ c Rice ½ c Golden Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p><b>Chicken Sandwich 3 oz / WG Bun</b> French Fries ½ c Fresh Pear ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p><b>WG Mac &amp; Cheese 1 c</b> Broccoli florets ½ c Orange ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p><b>Chili Mac 1c</b> Romaine Salad ½ c Applesauce ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>

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