

Lunch Menu



Cycle Menu (3-week cycle ***)

January 2025

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/30-01/03	<p>Hamburger / WG Bun Fries ½ c Red Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>Holiday Break</p> <p>Alt- Chef Salad 3 c</p>	<p>Holiday Break</p> <p>Alt - Chef Salad 3 c</p>	<p>Holiday Break</p> <p>Alt - Chef Salad 3 c</p>	<p>Holiday Break</p> <p>Alt - Chef Salad 3 c</p>
01/06-01/10	<p>Chicken Nuggets 3 oz Mashed Potatoes ½ c Golden Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>Hot Dog / WG Bun Carrots ½ c Orange ½ c LF Milk 1 c</p> <p>Alt- Chef Salad 3 c</p>	<p>Green Chili Meat 1c Diced Potatoes ½ c Tortillas 1oz Red Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>Pizza 4.6 oz Romaine Salad ½ c Pears ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>Salisbury Steak w/ Gravy 3.2 oz Mashed Potatoes ½ c Gala Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>
01/13-01/17	<p>Grilled Cheese Sandwich 4.19 oz Grape Tomatoes ½ c Red Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>Pasta w/ Meat sauce 1c Green Beans ½ c Pears ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>BBQ Rib Sandwich /WG Bun Carrots ½ c Granny Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>WG Ham Slider/ Hawaiian Bun Celery Sticks ½ c Oranges ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>Teriyaki Chicken Strips 3 oz WG Steamed Rice ½ c Stir fry Vegetables ½ c Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>
01/20-01/24	<p>Bean and Cheese Tostadas ½ c Chopped Salad ½ c Pears ½ c LF Milk 1 c</p> <p>Alt - Chef Salad</p>	<p>Red Chile pork w/ potato 1c WG Flour tortilla 2 oz Golden Apple ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>Chicken Sandwich 3 oz / WG Bun French Fries ½ c Fresh Pear ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>WG Mac & Cheese 1 c Broccoli florets ½ c Orange ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>	<p>WG Fish Sandwich 3 oz Coleslaw ½ c Applesauce ½ c LF Milk 1 c</p> <p>Alt - Chef Salad 3 c</p>

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