

Breakfast Cycle Menu (3-week cycle)

****January 2025

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/30- 01/03	Cheese Omelet w Tortilla 3.1oz Fruit/Juice ½ c LF Milk 1 c	Holiday Break	Holiday Break	Holiday Break	Holiday Break
01/06- 01/10	WG Waffle 2.5 oz Fruit/Juice ½ c LF Milk 1 c	WG Cereal 1 oz Fruit/ Juice ½ c LF Milk 1 c	WG Breakfast Burrito 3.31oz Fruit∕ Juice ½ c LF Milk 1 c	WG Pancakes 2 oz Fruit/Juice ½ c LF Milk 1 c	WG Bagels 2 oz Fruit/Juice ½ c LF Milk 1 c
01/13- 01/17	WG Cereal 1 oz Fruit/ Juice ½ c LF Milk 1 c	WG French Toast 2oz Fruit / Juice ½ c LF Milk	WG Waffles 2oz Fruit/ Juice ½ c Milk 1 c	WG Lemon Bread 2oz Fruit∕ Juice ½ c LF Milk 1 c	WG BFST Pizza 3.31oz Fruit/ Juice ½ c LF Milk 1 c
01/20- 01/24	WG Pancakes 2 oz Fruit/Juice ½ c LF Milk 1 c	WG Sausage and Pancake on a Stick 2.51 oz Fruit/Juice ½ c LF Milk 1 c	WG Cereal 1oz Fruit/ Juice ½ c LF Milk 1 c	WG Muffins 2oz Fruit/ Juice ½ c LF Milk 1 c	WG Waffles 2oz Fruit∕ Juice ½ c LF Milk 1 c

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****MENU IS SUBJECT TO CHANGE****